

2009 BELLEVUE HIGH SCHOOL WINTER SPORTS TRYOUT INFORMATION

We are pleased you are considering participating in athletics at Bellevue High School. We have developed this handout to help familiarize you with Bellevue High School's eligibility expectations of its student-athletes.

Bellevue High School is a member of the KINGCO Conference, the SEA-KING District, and the Washington Interscholastic Activities Association (WIAA). Bellevue High School teams compete with teams throughout the conference and state for league, district, and state honors. Students that are interested in participating should contact the coach or Athletic Director by email or by coming to the Athletics/Activities Office for more information.

The eligibility process begins when a student and their parent(s) fully completes a Co-Curricular Athletics Participation Folder. The Co-Curricular Athletics Participation Folders (sports packets) are available in the Bellevue High School Athletics/Activities Office.

Participation Checklist and Eligibility Requirements (*Multiple Sports Athletes in Bold)

- ***Complete the Bellevue High School Emergency Information Card / Repeat Eligibility Information Form and provide proof of insurance coverage (If you are doing multiple sports you will have to complete this form for each sport prior to each season.)**
- ***Provide current physical form signed and dated by a physician (Good for 24 months or 6 sport seasons within two years if the physical is dated and completed after June 1)**
- ***Provide proof of adequate private family insurance or enroll and pay for the Bellevue School District insurance plan**
- ***Complete a Bellevue School District Parent Athlete Concussion Information Sheet**
- Purchase a Bellevue High School ASB Card and pay all fines and fees. Please save your receipt for your ASB Card to include when turning in your sports packet
- Complete and sign every portion of the sports packet Folder that applies.
- *Read the Bellevue School District Substance Use Form (Athletic Code) and sign the section in the sports packet that states you have done so and will abide by it during the school year*
- *Students transferring into Bellevue High School or attending a private or alternative school must meet with the Athletic Director and provide an academic transcript and progress reports*
- Attend a Student Athlete Seminar or sport team meeting prior to participation in any sport

2009 WINTER SPORTS TRYOUT TIMES: <http://www.digitalsports.com/school/id/1999.aspx>

BOYS BASKETBALL

NOVEMBER 16-20 6:30 PM - 9:30 PM BELLEVUE HIGH SCHOOL MAIN GYM

GIRLS BASKETBALL

NOVEMBER 16-20 3:30 PM - 6:15 PM BELLEVUE HIGH SCHOOL MAIN GYM

GYMNASTICS

NOVEMBER 9-20 5:30 PM - 7:30 PM BELLEVUE HIGH SCHOOL WEST GYM

WRESTLING

NOVEMBER 16-20 3:30 PM -5:30 PM BELLEVUE HIGH SCHOOL WEST GYM

BOYS SWIM

NOVEMBER 16-20 3:30 PM - 5:00PM BELLEVUE AQUATIC CENTER / ODLE POOL